



Marlene Südtirol Sunshine Race – HC
UCI-Junior Series
XCC – C3
Italia Bike Cup
XCO Naz. Giovanile „Camp. Ital. di Società“

Technical Guide
2024

DATE **05.-07.04.2024**

ORGANIZER: Sunshine Racers ASV Nals

VENUE: Nals/Nalles, ITALY

DISCIPLINE: XCO + XCC



Marlene Südtirol Sunshine Race

1. Marlene Südtirol Sunshine Race	3
2. Contact.....	3
3. Arrival.....	4
4. Accommodation.....	5
5. Categories.....	5
6. Prize money.....	6
7. UCI-Point Scale.....	7
8. Timetable	8
9. Training Times.....	9
10. Accreditation, Riders Confirmation and check license.....	9
11. Registration Procedure.....	10
12. Entry Fee.....	11
13. Team-Area.....	11
14. Team Manager Meeting.....	12
15. Bike Wash.....	12
16. Anti-Doping Control.....	12
17. Insurance.....	12
18. Award Ceremony.....	12
19. Track.....	13
20. Feed/Technical Zone.....	14
21. Officials.....	14
22. First Aid/Hospital.....	14



1. Marlene Südtirol Sunshine Race

05.04.2024	XCC C3 (Cross Country Short Track) 40 athletes (according to the UCI ranking) per category are authorised to start.
06.04.2024	XCO HC (Cross Country) UCI-Junior Series
07.04.2024	XCO Naz. Giovanile „Camp. Ital. di Società“

2. Contact

Sunshine Racers Nals

E-Mail: info@sunshineracers-nals.it

<http://www.sunshineracers-nals.it/marlene-suedtirol-sunshine-race.html>

Florian Pallweber

Tel. +39 331 9234125



3. Arrival

By car from the north: take the motorway A13 via the Brenner Pass to Bolzano Sud and then the express highway „Mebo“ to Nals/Vilpian exit or via the Reschen Pass to Meran and then the “Mebo” to the Nals/Vilpian exit.

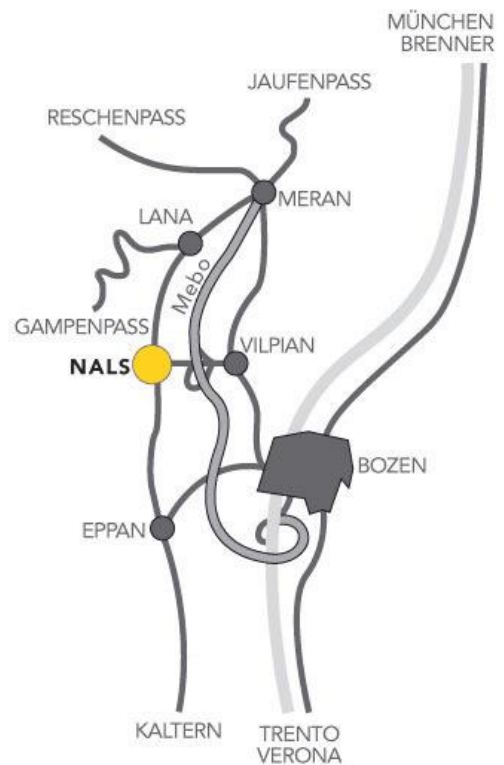
By car from rom the south: A22 motorway to Bolzano Sud, “Mebo” to the Nals/Vilpian exit.

By train: to Bolzano main station- Nals/Vilpian

By Bus: Bozen – Nals 201/ 202
Vilpian – Nals: 202/216

Nearest airport:

- Bozen 17 km
- Innsbruck 140 km
- Verona 160 km
- Bergamo 247 km
- Treviso 200 km



4. Accommodation

Tourist Office of Nalles

Tel. +39 0471 678619

Fax +39 0471 678141

E-Mail: info@nals.info

www.nals.info

<https://www.merano-suedtirol.it/en/nalles.html>

5. Categories

- Junior (UCI- Junior Series)
- Junior Women (UCI- Junior Series)
- U23 Women (XCO HC + XCC C3)
- U23 Men (XCO HC + XCC C3)
- Elite Women (XCO HC + XCC C3)
- Elite Men (XCO HC + XCC C3)

- U15 1° m/w (nat. Rennen)
- U15 2° m/w (nat. Rennen)
- U17 1°m/w (nat. Rennen)
- U17 2° m/w (nat. Rennen)



6. Prize money

Rank	Gross prize money		
	Junior M/W	Internat. race	Cat. HC
	Junior M/W	Under 23 M/W	Elite M/W
1°	€ 200,00	€ 400,00	€ 1.000,00
2°	€ 130,00	€ 265,00	€ 800,00
3°	€ 100,00	€ 200,00	€ 600,00
4°	€ 80,00	€ 165,00	€ 500,00
5°	€ 65,00	€ 130,00	€ 400,00
6°	€ 50,00	€ 100,00	€ 300,00
7°	€ 45,00	€ 80,00	€ 250,00
8°	€ 30,00	€ 65,00	€ 200,00
9°	€ 25,00	€ 50,00	€ 150,00
10°	€ 20,00	€ 30,00	€ 100,00
	€ 745,00	€ 1.485,00	€ 4.300,00

Gross prize money: national race		Intern. race XCC – C3		
Rank	U15 M/W	U17 M/W	Platz	
	U15 M/W	U17 M/W	Open M/W	
1°	€ 21,00	€ 31,00	1°	€ 200,00
2°	€ 16,00	€ 23,00	2°	€ 150,00
3°	€ 11,00	€ 17,00	3°	€ 100,00
4°	€ 9,00	€ 14,00	4°	€ 75,00
5°	€ 6,00	€ 10,00	5°	€ 50,00
				€ 575,00



7. UCI-Point Scale

HC-Race

XCC-C3

Platzierung	Punkte			Elite
	Elite	U23	Junior Series	
1	100	60 *	90	10
2	80	40	70	6
3	60	30	60	4
4	50	25	50	2
5	40	20	40	1
6	35	18	35	x
7	30	16	30	
8	27	14	27	
9	24	12	24	
10	22	10	22	
11	20	8	20	
12	18	6	18	
13	16	4	16	
14	14	2	14	
15	12	1	12	
16	10		10	
17	9		9	
18	8		8	
19	7		7	
20	6		6	
21	5		5	
22	4		4	
23	3		3	
24	2		2	
25	1		1	



8. Timetabel

“MARLENE SÜDTIROL SUNSHINE RACE Cat. HC” – Italia Bike Cup - UCI JUNIOR SERIES		
Friday, 05.04.2024		
15:00	18:00	Verifica tessere - <i>Riders Confirmation and check license</i> - only UCI-Cat.
17:30		XCC-Race – Women Elite
18:00		XCC-Race – Men Elite
18:30		Premiazione – Award Ceremony
Saturday, 06.04.2024		
07:30		Verifica tessere - <i>Riders Confirmation and check license UCI until 1 hour before each start</i>
09:00		Race – Men Junior– “UCI-JUNIOR SERIES”
10:45		Race – Men U23
12:30		Race – Women Elite
12:32		Race – Women U23
12:35		Race – Women Junior “UCI-JUNIOR SERIES”
14:30		Race – Men Elite
		<i>Premiazione dopo ogni gara - Award Ceremony after each race</i>
		<i>Appello e chiamata in griglia 15 min. prima ogni partenza -</i>
		<i>Starting Grid: 15 Min. before each Start</i>
17:30	19:00	Verifica tessera gara Nazionale – <i>Riders Confirmation and check licence– national race</i>
Sunday, 07.04.2024		
08:00		Verifica tessere - <i>Riders Confirmation and check license UCI until 1 hour before each start</i>
09:30		Race – ED/DA - Youth / Students women
10:30		Race – ES1 - Students 1° men
11:30		Race – ES2 - Students 2° men
12:30		Race – AL1 - Youth 1° men
13:30		Race – AL2 - Youth 2° men
		<i>Premiazione dopo ogni gara - Award Ceremony after each race</i>
		<i>Appello e chiamata in griglia 15 min. prima ogni partenza</i>
		<i>Starting Grid: 15 Min. before each Start</i>



9. Training Times

Friday, 05.04.2024

17:00-17:20 Official Training XCC-Track - **only with bib number**

Saturday, 06.04.2024

08:00-08:45 Official Training XCO-Track – **only UCI-Cat. with bib number**

16:30-17:30 Official Training XCO-Track

Sunday, 07.04.2024

08:00-09:15 Official Training XCO-Track

Unofficial training XCO course at your own risk without course safety and medical assistants:

Friday, 05.04.2024 until 5 p.m.

Saturday, 06.04.2024 after 7,30 p.m.

10. Accreditation, Riders Confirmation and check license

Friday, 05.04.2024 15:00-18:00 intern. categories only + XCC

Saturday, 06.04.2024 07:30 (until 1 hour before each start)

Saturday, 06.04.2024 17:30-19:00 for Sunday race

Sunday, 07.04.2024 08:00 (until 1 hour before each start)

No start numbers will be distributed to individual athletes, only packaged by team!!

The following documents must be presented at the start number distribution:

- Copy of Bank transfer



11. Registration

Registration deadline: 03.04.2024 24:00 Uhr

For foreign athletes:

send an E-Mail to: info@sunshineracers-nals.it

with the following information of the athlete:

- name of athlete
- UCI-ID
- birthdate
- Team name

For Italian athletes with FCI-Licence

Fattore K:

ID 169608 intern. race – Cat. Juniores / U23 / Elite

ID 169609 national race für U15 –U17

Registration XCC-Race:

per E-Mail at : info@sunshineracers-nals.it

Late entry:

No late entries are accepted!

Start Requirements UCI-Junior Series

- Athletes without a UCI or national team entry must have at least 20 UCI points when registering.
- The national federations may also nominate 5 athletes without the required 20 UCI points. If this is stated, they may also start in team clothing.
- All Italian Athletes can start.



12. Entry Fee

- Junior, Elite, U23 (m/w) - XCO € 25,00
- Elite, U23 (m/w) - XCC € 25,00
- U15 + U17 - XCO € 10,00

The entry fee must be paid by bank transfer to:

in the name of: A.S.V. NALS- Sektion Rad C1
 Andrianerstr.
 39010 Nals

IBAN: IT 70 E 08269 58620 000305229171
SWIFT/BIC Code: RZSBIT21542
Bank: Raiffeisenkasse Etschtal

13. Team-Area

to reserve by e-mail within **Friday, 22.03.2024** to:
info@sunshineracers-nals.it

The following information must be sent:

- Vehicle type and vehicle plate number
- Required size of the stand (vehicle + tent)
- check.in and check.out date



14. Team Manager Meeting

There will be no team manager meeting in person. Information from the race organisers will be published on the homepage and on the Facebook page.

15. Bike Wash

There is a signposted BikeWash area near the start/finish area.

16. Anti-Doping Control

In accordance with UCI regulations, the race will be subject to anti-doping controls carried out.

Separate rooms are available for anti-doping controls. These are signposted accordingly. Immediately after the race, designated persons will accompany the selected riders for testing.

17. Insurance

All participants must be covered by sufficient health, accident, and liability insurance. The event organizer shall not be held liable for any damages caused to persons or material/equipment.

18. Award Ceremony

The award ceremonies will take place immediately after the races in the start/finish area. The top 5 in each category will be honoured.

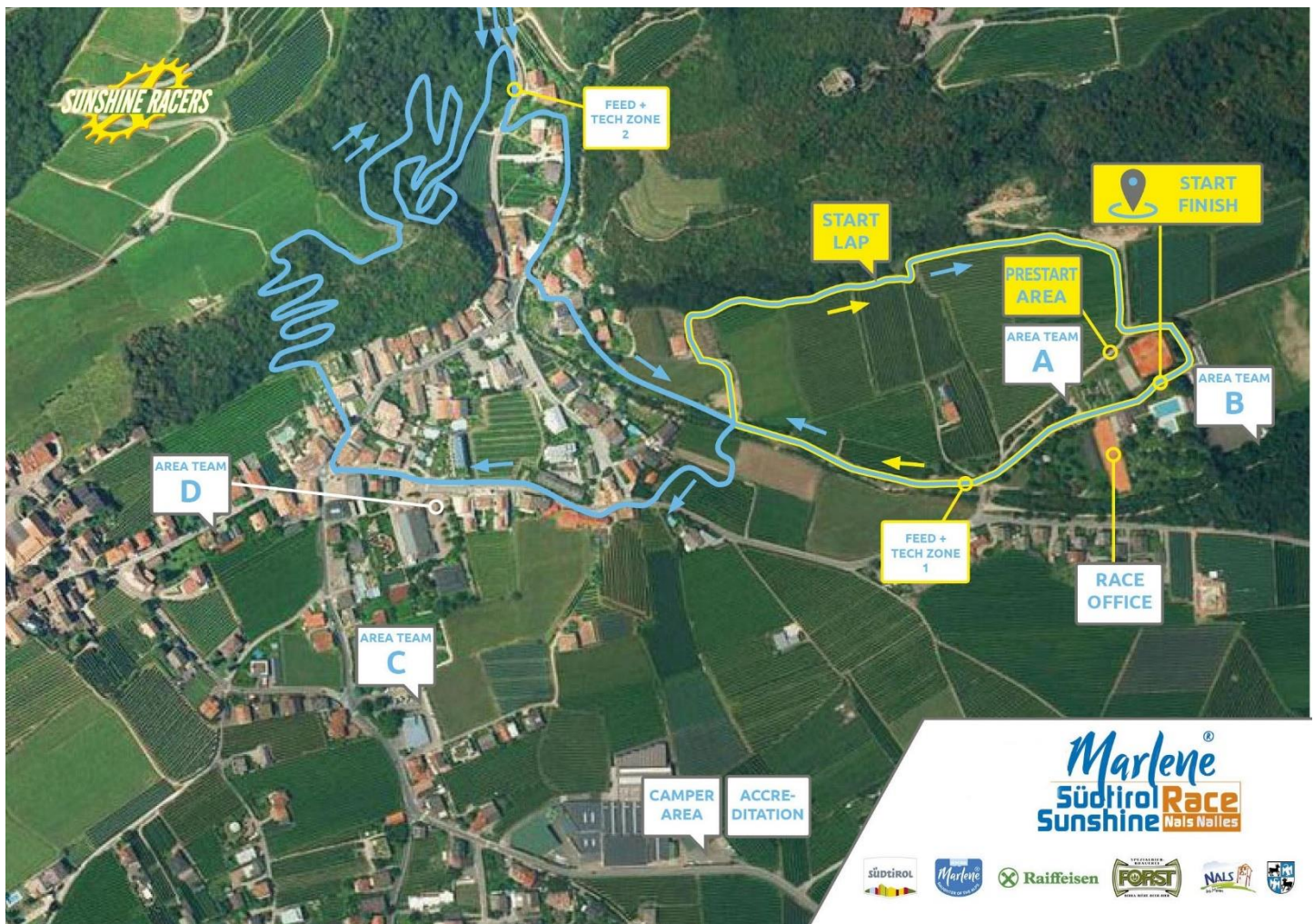


19. Track

Technical characteristics:

Length: 4,2 km/lap

altitude difference: 175 Hm/lap



20. Feed/Technical Zone

A tech/feed zone is located near start/finish line, a second in the Ganterer Arena.

21. Officials

Commissaire International UCI	Gelo Robert
Italian cycling commissaire – president	Oldani Vittorio
Italian cycling commissaire	Mollo Leredana
Italian cycling commissaire	Tomada Maurizio
Italian cycling commissaire	Mazzon Marianna
Italian cycling commissaire	Ghirardelli Greta

22. First Aid/Hospital

Local doctor - Friday	Karmen Sanoll
Local doctor – Saturday + Sunday	Leila Opezzi
First Aid	Weisses Kreuz – 2 ambulances
Next hospital (10 km away)	Ospedale/Krankenhaus Bozen Tel. 0471 908111

